



337-478-1313
www.drericssnow.com

Men's Hormone Questionnaire

Instructions: 0=Never; 1=Mild; 2=Moderate; 3=Severe

Low Mood/Depression	0	1	2	3
Irritability	0	1	2	3
Anxiety	0	1	2	3
Anger/Aggression	0	1	2	3
Discouragement/Pessimism	0	1	2	3
Decreased Interest in Activities/Relationships	0	1	2	3
Decreased Initiative/Motivation/Drive/Work Productivity	0	1	2	3
Concentration Problems/Foggy Thinking	0	1	2	3
Memory Problems	0	1	2	3
Increased Fatigue	0	1	2	3
Decrease in Strength/Stamina/Athletic Performance	0	1	2	3
Muscle Soreness/Weakness	0	1	2	3
Body/Joint Aches	0	1	2	3
Weight Loss	0	1	2	3
Weight Gain	0	1	2	3
Increased Fat on Hips/Breasts/Thighs	0	1	2	3
Low Blood Sugar/Hypoglycemia	0	1	2	3
Sweet Cravings (Carbs/Chocolate)	0	1	2	3
Caffeine/Stimulant/Salt Cravings	0	1	2	3
Constant Hunger	0	1	2	3
Elevated Cholesterol	0	1	2	3
Elevated Blood Pressure	0	1	2	3
Digestive Problems	0	1	2	3
Head/Body Hair Loss	0	1	2	3
Dry Skin/Thinning Skin	0	1	2	3
Decreased Spontaneous Morning Erections	0	1	2	3
Lowered Libido	0	1	2	3
Erectile Dysfunction	0	1	2	3
Pain with Ejaculation	0	1	2	3
Frequent/Painful Urination	0	1	2	3
Delayed/Strained/Incomplete Urination	0	1	2	3

Overall Total

0-40 Mild; 40-90 Moderate; 90 and above Severe

Start building your health today! Call our office 337-478-1313 – See how we can help.